



Lunch Menu

Week commencing 20th February

	Monday	Tuesday	Wednesday	Thursday	Friday
Something Hot	Beef sausages with a rich onion gravy	Spicy Cajun Chicken	Tuna and spinach pasta	Boiled Hampshire gammon with parsley sauce	Homemade Focaccia pizza
Something Veggie	Squash and blue cheese pasta bake	leek and sweet potato cobbler	Frittata	Cauliflower and broccoli mornay	Courgette and sun dried tomato cake
On the Side...	Crushed new Garden peas	Rice with sweetcorn and peppers	Mixed salad	Roast potatoes Stir fried cabbage	Jacket wedges Baked beans
Something Sweet	Chocolate and orange sponge with chocolate sauce	Pancakes with lemon and sugar	Homemade shortbread	Homemade fairy cake	Apple crumble with custard
	A selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. Or a homemade yoghurt pot as an alternative to the dessert choice of the day.				
Soup and Salad	Homemade soup served with rolls and a selection of freshly prepared salad items for Staff and year 8 pupils				