



YEAR 3 Respecting oneself and others  
Everyone is different  
What makes a good/bad friend  
Personal safety  
The importance of exercise  
Hygiene  
Healthy foods  
Self-Assessment – personal goals

YEAR 4 The School Code of Conduct  
What makes a good/bad friend  
Balanced diets  
The importance of exercise  
Common illnesses  
Dental care  
Safe use of medicines and household products  
Appropriate touching  
Personal cleanliness  
Self-Assessment – personal goals

YEAR 5 Internet Safety  
Relationships, Feelings and Empathy  
Bullying  
First Aid  
Bereavement  
Advertising  
Pets  
Food and where it comes from

YEAR 6 Self-Assessment – personal goals  
The School Code of Conduct  
Persuasive behaviour  
People who influence me  
Managing Time  
Manners and Etiquette  
Personal safety  
Global Warming

YEAR 7 Self-assessment – personal goals  
The School Code of Conduct  
Rules: School, Family and Nation  
Social structures and leadership  
Peer group pressure  
Families and family values  
Relationships in adolescence

YEAR 8 Money  
Human Rights  
Moving boundaries as we grow up  
Citizenship incl. National Institutions  
Ethnicity  
Immigration  
Alcohol  
Drugs  
Senior School: what to expect